



Peer-led support group agreement

To make this group safe, supportive, productive, and the best experience possible for group members, it is important for each member to make a commitment to actively attend the group. In doing so, you get the benefit of yours and others' efforts.

Please agree to abide by the following:

- **Attendance:** If you decide to attend any or all of the groups, please try your hardest to come on time. The group format works best if everyone comes at the scheduled time.
- **Active Participation:** This can mean actively listening and/or sharing your thoughts, feelings, and reactions in a respectful way. In general, the more you put into a group, the more you'll get out of it. The group will work hard to be a safe, trusting and supportive place.
- **Confidentiality:** I understand that in group counseling, group members will be expected to uphold one another's confidentiality. I understand that all information disclosed within session is confidential and may not be revealed by me about other members. The group leader cannot release information about me without my written permission except where disclosure is required by law:
 - If I present an imminent threat to myself or others.
 - When there is an indication of abuse of a child, elder or dependent adult
 - If I become gravely disabled
- **Self-Care in Emergencies:** If at any time I feel like harming myself or injuring another, I will let the group leaders know and or contact my individual therapist or psychiatrist. If I cannot reach them, I will call either 911 or go to the nearest hospital emergency room.
- **Group facilitator obligation to the support group:**
 - Keep the group safe, reserve right to send member away if he or she turns up to the group intoxicated, with weapons, and or aggressive.
 - Group facilitator is bound by confidentiality and privacy and must not share personal information outside of the group without consent from group member. However group facilitator cannot guarantee that members will protect each other's privacy, but we can explain and discuss the issue with the group and work towards establishing a norm that specifies what we mean by privacy, as well as attempting to define the mutual expectations we have about confidentiality.

Print Name (Participant):

Signature (Participant):

Date:

Print Name (Parent/Guardian):

Signature (Parent/Guardian):

Date:
