

Let's talk about trauma

2023 YOUTH MENTAL HEALTH SYMPOSIUM



- The Impact of Childhood Trauma on Substance Use & Violence on the Youth of Cayman Islands (40mins)
- The Darkest Moments of My Life –A Personal Journey (20 mins)
- Looking at Substance Misuse Through a Trauma Lens (40 mins)
- Trauma Impact on Learning & Classroom (25 mins)
- Expanding Our Understanding of Adverse Childhood Experiences (ACEs); Examining Intergenerational Trauma in the Caribbean Context (15 mins)
- Trauma, Central Sensitisation & Chronic Pain Syndromes (15 mins)
- Offering Hope: The Alex Panton Foundation's Approach to Supporting Youth Recovery from Trauma (20 mins)

18 February, 2023

Name of Participant

Date

Dr Erica Lam, Clinical Consultant, Alex Panton Foundation