



**ALEX PANTON**  
FOUNDATION

# ANNUAL REPORT

2022-2023 FOR THE YEAR ENDED 30 JUNE 2023



Overcoming the Stigma of Mental Illness, Focusing on the Youth of Cayman.



**ALEX  
PANTON  
FOUNDATION**

# Message from THE FOUNDERS

**WHAT HAVE WE DONE? AS THE FOUNDER OF THIS ORGANISATION, THIS IS A QUESTION I ASK MYSELF OFTEN.**

Have we furthered our goals? Have we improved the lives of people struggling with mental health challenges? Have we increased awareness and helped to stop the stigma surrounding mental health?

The answer is a resounding YES, we have! I acknowledge and applaud the incredible efforts and the accomplishments of those who have worked within and alongside the Alex Panton Foundation for the past six years. We have made a difference!

As we hear about and participate in more open-minded and open-hearted conversations surrounding the topic of mental health, we cannot help but be encouraged and motivated by the substantial progress that has been made within our community. It is our hope that this increased interest and dialogue will further emphasise the fact that mental health is equally as important as our physical health and should be treated as such. We build a more resilient and compassionate community when we purposefully implement proactive mental health practices and ensure access to proper treatment for those who are battling unresolved mental health issues.

I am so proud of the work our organisation has been able to do to help young people and their families thus far, and while we will continue to face challenges on the road ahead, we remain hopeful.



During this fiscal year (1 July 2022 – 20 June 2023) we have taken on three full-time staff members. These hard-working young Caymanian women are passionate about the work we do and dedicated to enriching our community by advancing the mission of this foundation through our various programmes and initiatives.

‘Prevention is better than cure’ is a very popular Caribbean saying, and one to which we keenly subscribe. To that end, many of our programmes are geared towards pre-empting mental health crises in our children and young persons before they arise and take root. I would like to highlight three of these, namely the emotional literacy (ELP), youth ambassadors (YAP) and financial assistance (FAP) programmes.

Our **emotional literacy programme** has been operating in all our public primary schools since 2019 and focusses on helping children learn skills that will allow them to communicate effectively to bring thoughts that are bothering them to the surface and cope with challenging life situations which cause anxieties. Students work to develop their own positive strategies to deal with problems through engaging activities such as listening to stories, discussion, games, role-play, and drawing. You will read in this report that there are over 2500 students now benefiting from ELP.

# Message from THE FOUNDERS

Our **youth ambassadors programme** helps young people in the teen and young adult demographic find ways to plan their own paths forward and inspires them to offer peer support with compassion, understanding and active listening. The activities used in YAP challenge specific skills and provoke discussion to bring about necessary social change for a society where all can feel accepted for being who they are. During this year our YAP leaders were represented in local and international forums with opportunities to speak passionately about mental health matters that they and their peers are experiencing. In the coming year a full re-launch is planned to grow and expand this important programme.

Where young people are already experiencing mental health challenges, we offer programmes that help. Our financial assistance programme connects young people aged 30 and under who require immediate assistance to financial aid to access mental health services. We are so pleased to have worked with 9 well established private practices this year, allowing us to provide greater access to mental health professionals to those who otherwise would not be able to do so. During this financial year we contributed over KYD90,000 funding approx. 40 applications of young people in need.

January 2023, Alex's Place was opened in partnership with the Health Services Authority, an initiative we have been working on since the Foundation's inception. This was truly the highlight of our year! We are so proud of this welcoming place that offers clinical support to young people who are in urgent need of mental health care. We look forward to seeing the impact Alex's Place has within our community.

The theme for our annual Mental Health Symposium, held in February, was 'Let's Talk About Trauma'. Over 500 persons learned about the effects of trauma on the mental health of our youth. This signature event for us and the community at large continues to grow and provide vital education and awareness directly in line with our mission.

I am very proud of the work that APF is doing, and the inroads we are making, and I absolutely recognise there is still much more to be done. We know that people still suffer in silence, that there is still a need to fight the stigma of mental illness and that we must continue to educate the masses about the equality between physical and mental health.

I hope that this Annual Report will enlighten you about the work of the Alex Panton Foundation and inspire you to continue (or increase) your involvement with this organisation. What we have been able to achieve thus far only fans the flame of the fire that is in our hearts and causes us to press on with our mission. We are thankful for everyone who has worked with us, helped us, supported us in so many ways to continue to improve the lives of the young people in these beautiful islands we call home.

*Jane Panton*  
CHAIRPERSON

# About APF

Established in memory of Alex Panton, who succumbed to the effects of severe depression at the age of 16 in October 2010, the APF is a not-for-profit foundation company with the primary objective of raising awareness of mental illnesses affecting children and young adults in the Cayman Islands, with a particular focus on anxiety and depression.

In July 2017, a group of Alex's friends and family came together with the common goal of educating the public about mental illness in children and young people and reducing the stigma surrounding mental illness in the Cayman Islands.

On 20 February 2018, Walkers Global incorporated the APF as a foundation company, with Alex's parents as founders and directors. The APF was registered as a non-profit organisation ("NPO") on 12 June 2018. Alex's parents are supported by Alex's friends and additional volunteers who have collectively formed an Executive Committee that runs the APF.



## OUR MISSION

To improve the mental health of children and young adults in the Cayman Islands through advocacy, awareness and support.



## OUR APPROACH

The APF wants an integrated and family-friendly approach that recognises the particular needs of children and adolescents, makes them feel supported, emphasises the positives, and helps them to cope with everyday challenges of life that may otherwise be overwhelming.

# Advocacy, Awareness SUPPORT



## OUR GOALS

- To address the stigma surrounding mental illness through providing and promoting educational resources to the Cayman community;
- To educate friends, family, teachers, classmates, carers, and the wider population on how to identify and successfully interact with young people with mental illnesses;
- To influence the development of public and private policies to ensure adequate access to tools and resources to those dealing with mental illness, including ensuring adequate health insurance coverage;
- To provide hope and resources to help improve the lives of children and young adults affected by mental illness;
- To seek to address discrimination against young people affected by mental illness;
- To provide resources to friends, family, teachers, classmates, and carers to help them support young people with mental illnesses;
- To raise awareness of mental illnesses affecting children and young adults of the Cayman Islands with a particular focus on anxiety and depression.



# *Our Programmes &* **INITIATIVES**



# *A Youth Mental Health Hub* **ALEX'S PLACE**

**LAUNCHED IN PARTNERSHIP WITH THE ALEX PANTON FOUNDATION  
AND MINISTRY OF HEALTH & WELLNESS,**

Our comfortable and youth-friendly centre complements the Accident & Emergency department by providing care and support to children and adolescents (ages 10 – 20) experiencing mental health issues.

Alex's Place, HSA's Adolescent Mental Health Hub was officially opened in January 2023. Services are currently offered Monday to Friday 10am – 6pm. We aim to advance this service to extended hours later this year.

Alex's Place is located at the front of the Cayman Islands Hospital on the left after passing the main Atrium. Walk-ins and referrals welcome.

A multi-disciplinary team consisting of psychiatrists, clinical psychologists, paediatric/adolescent mental health nurses, social workers, and occupational therapists will provide evidence-based care focused on crisis response in the management of mental health-related risks and community outreach services.

Persons may be escorted to the Accident & Emergency department following the triage process. This depends on the medical conditions presented, as some symptoms may be manifestations of other illnesses, which are appropriately treated by the medical team in the emergency room.

The A&E department will also support medical doctors when treating persons experiencing severe agitation.

With the continued collaboration and new ventures with local charities, mental health service providers, youth services, and government bodies, Alex's Place is a step forward in ensuring an integrated service that meets the needs of the youth in our community.



**OPENED ITS DOORS IN  
JANUARY 2023.**



# Emotional Literacy PROGRAMME

The APF is grateful to work with Partnership for Children UK (“PFC”) again in the 2022 - 2023 year to secure licenses for another year of Emotional Literacy Programme curriculums for our schools. These are internationally recognised evidence-based programmes that make emotional literacy learning available to children and are designed to improve their communication skills.

The most widely utilised programmes across Cayman are Zippy’s Friends for 5 to 7-year-olds and Apple’s Friends for 8 to 9-year-olds. This year we saw an increase in schools focusing on some of the older age groups, delivering Passport for 9 - 11 year-olds and expressed interest in PFC’s Spark Resilience Programme for 9 - 12 year-olds.

APF also continues to purchase the license for PFC’s Zippy’s Friends SEND, which is a modified curriculum specifically for children with special needs, and it can be adapted to best suit the functionality level of different students.

Through continued partnership with Cayman’s Department of Education Services, this year Emotional Literacy Programmes were offered in 18 schools across the Cayman Islands. This includes all government schools and a few private schools where we have over 2,500 children benefiting from these curriculums. Cayman’s educators have demonstrated commitment to their students’ emotional regulation in the school setting with over 200 teachers trained to deliver Emotional Literacy Programmes to their respective classes; and more than 20 educators serving as master trainers to train new teachers, and support teachers who are already delivering these programmes.

These programmes have continued to run successfully as evidenced in data collected at the end of each school term. We’re now in a position where we’ve run these programmes for a few years and can utilise the data collected at the end of each term to generate a trend analysis. This analysis would reveal how impactful the programme(s) have been with developing the emotional literacy and communication skills of Cayman’s children.

Zippy’s Friends, Apple’s Friends, Passport, and the Spark Resiliency Programme have been used in over 30 countries worldwide and recognised by the World Health Organisation, and have been a valuable resource for our schools the past few years.

In January 2023, APF launched Sunshine Circles, a programme created by The Theraplay Institute. These are structured play-based groups that are provided for children with behavioural and mental health needs in school who require a more relational based approach to learning emotional literacy skills. In November and December of 2022, the Theraplay Institute conducted two training sessions for teachers across multiple schools. After these sessions, APF had funded the training of 30 teachers across Cayman to facilitate Sunshine Circles in their respective schools.

APF also supported 6 persons who hold professional clinical licenses to enter the Continuing Education Units group practicum with Sunshine Circles. Through this practicum, the 6 persons selected will meet the training and facilitation hour requirements needed to complete 2 levels, after which point, they will be qualified to train educators across Cayman on how to effectively deliver Sunshine Circles. This is an excellent investment as the more professionals that are equipped to train educators in this programme’s practice, the more widespread this specialised approach can be applied where Cayman’s students most need it.



**SUNSHINE CIRCLES, A NEW  
PLAY-BASED PROGRAMME,  
LAUNCHED IN JANUARY  
2023!**



# Focus Group Discussions & Data

# LGBTQ+

## APF PARTNERED WITH THE CAYMAN LGBTQ FOUNDATION TO CREATE AN ANONYMOUS MENTAL HEALTH SURVEY SPECIFIC TO THIS COMMUNITY.

Out of the LGBTQ+ Initiative's 7-year strategic plan with the Foundation's Clinical and Education Committee, the LGBTQ+ Initiative's Lead, Dr Chantal Basson, has proposed an 18-month action plan for the upcoming year to roll out more inclusive and intentional efforts to support youth who identify as LGBTQ+. We have identified several members across Cayman's community with various backgrounds to makeup the LGBTQ+ Initiative Committee. Once these committee members have been onboarded as volunteers with APF, the group will provide feedback on the 18-month action plan, and work collaboratively to carry-out the objectives to best serve the mental health and social wellbeing needs of the LGBTQ+ community in Cayman.

For PRIDE Month in June 2023, APF partnered with the Cayman LGBTQ Foundation to create an anonymous mental health survey specific to this community. The survey was open for 3 weeks and included a variety of questions inquiring about their experiences with acceptance and belonging in Cayman, along with their overall mental health and support systems in place for when / if they struggle. We were so pleased to have over 300 people complete this survey! We're looking forward to evaluating the data collected and allowing it to inform our mental health resources and programmes to be more inclusive and ensure the LGBTQ+ community feels safe and supported in Cayman.



## WE DEVELOPED AN 18-MONTH ACTION PLAN!

# Youth Ambassadors PROGRAMME



CONTINUING TO CONNECT YOUTH LEADERS TO THE MENTAL HEALTH LANDSCAPE OF OUR COMMUNITY.

YAP is a teen outreach programme for young people between the ages of 12 and 16 that is run by youth under the supervision of the C&E Committee. YAP aims to help build resilience and inspire hope by assisting young people in developing their own path forward and empower them to educate and advocate for their peer's mental health wellness. The programme now has a total of 60+ participants (past and present) from public, private, and home school environments.

YAP offers teens and adolescents the opportunity to earn the title of "Youth Ambassador" through fun activities designed to challenge specific skills and provoke discussion that brings about necessary social change for a society where all can feel accepted for being who they are. YAP is designed to validate what young people are experiencing, recognise their strengths and inform and connect them with other resources as needed, including psychoeducation, resources, and consultation on service development from the C&E Committee.

YAP engaged with the community through the following events in the 2022-2023 cohort:

1. YAP partnered with The National Gallery on 22 October 2022 to host a Teen Art Drop-In, creating a safe space for youth to gather and engage in art therapy.
2. Staying connected with their peers through periodic youth ambassador meetings to discuss the mental health wellness needs within their community.
3. Our lead ambassadors were actively furthering the mission of APF in the following engagements:
  - a. Monina Thompson spoke to students in Year 7 to Year 9 across a range of schools at the Be Strong Youth Rally on 6 October 2022.
  - b. Monina Thompson presented as a guest speaker at the Women's Empowerment Brunch on 9 October 2022, representing YAP and raising awareness surrounding mental health.
  - c. Chad Powell Jr. addressed the U.K. Youth Parliament in November 2022, discussing several challenges that the youth of the Cayman Islands are currently facing. Including the cost of living, housing, climate change, brain drain, as well as the physical and mental impacts of these issues.
  - d. Monina Thompson served as a panelist at APF's Youth Mental Health Symposium on 18 February 2023, sharing her experiences with navigating trauma and healthy coping skills.

APF anticipates the further development of the Youth Ambassador Programme in 2023-2024 with the onboarding of Programme Manager, Ms. Emily Kelly, supported by Michelle Powell, Administrative Coordinator.



# Addison Kelly Memorial SCHOLARSHIP



**JAMARA BODDEN  
SELECTED AS THE  
INAUGURAL RECIPIENT!**

The Addison Kelly Memorial Scholarship was founded in honour of Addison Kelly, a young Caymanian who died by suicide in February 2022. The Kelly family created this to enable persons in Cayman who have a desire to help people struggling with mental illnesses. Addi had a team of incredible therapists and doctors who helped her through many challenging times, but the Kelly family acknowledges the urgent need for more trained personnel and specialists in this field.

The Addison Kelly Memorial Scholarship is awarded to individuals seeking a post-graduate degree in the field of mental health from an accredited overseas institution, with annual renewal subject to academic performance.

The scholarship is administered through the Alex Panton Foundation, with support from Addi's family, and offers CI\$25,000 per annum for up to 4 years for Caymanians to pursue post-graduate studies in the fields of psychology, psychiatry or psychotherapy. It is awarded every two years (biennially) and recipients must return to work in Cayman for the number of years for which the scholarship was given.

The opportunity also includes a mentorship with a doctor level psychologist/mental health provider to support the navigation of this journey.

In early 2023, we selected Ms. Jamara Bodden as the first recipient of the Addison Kelly Memorial Scholarship. The funding will allow Ms. Bodden to complete the final year of a two-year online master's degree programme in psychology and neuroscience of mental health at Kings College London in September, after which time she intends to pursue a Doctor of Psychology (Psy.D) degree in the UK.

Upon learning of her status as the inaugural recipient, Ms. Bodden said:

"To be the first awardee of the Addison Kelly Memorial Scholarship is an incredible honour. This scholarship carries a weight of responsibility which motivates me to strive for excellence in my academic pursuits and future career. Receiving this opportunity also fills me with gratitude and humility. I hope to one day pay forward this blessing by using the expertise that I acquire to improve the lives of others."

The Addison Kelly Memorial Scholarship is funded primarily from the proceeds of the Addison Kelly Butterfly 5k Walk/Run, the first of which took place on Saturday, 4 February 2023. We had over 900 people register for the inaugural 5K, and Dart matched all the registrations to help raise over \$100k USD towards the scholarship.



# Financial Assistance PROGRAMME



SUPPORTS 40 APPLICATIONS FOR  
MENTAL HEALTH TREATMENTS.

The Alex Panton Foundation (APF) formed the Financial Assistance Programme Committee (“the Committee”) in 2020. The Financial Assistance Programme with local private mental health provider entered an agreement with APF to work together to secure financial aid to the young people in our community in immediate need of assistance of mental health treatments.

- To be eligible for this programme, applicants must:
- Be 30 years of age or less;
- Be legally resident in the Cayman Islands;
- Be diagnosed with anxiety or depression by a mental health professional, certified by CPAM in the Cayman Islands (“Service Provider”);
- Have no or limited health insurance coverage for mental health treatment or they have exhausted any health insurance benefits for mental health treatment that they do have; and
- Be able to demonstrate that, separate and apart from health insurance and governmental assistance, they do not have any other sufficient financial means such as parental income or other financial assistance of any kind that would cover the cost of treatment.

The current Providers listed with the Financial Assistance Programme are:



Within the year July 2022 - June 2023, the committee has seen and approved approximately forty (40) both initial and renewal application requests for financial assistance. As such the committee has also paid out a total of approximately KYD 90,905.67.

The Committee has recognized that the applicants who have Health Insurance do not have Mental Health benefits and if they do, this benefit is limited to 4-5 treatments for the calendar year which puts the patient at a disadvantage for accessing treatment without the means to afford it.

In addition to Anxiety and Depression, the committee saw an influx in applications with diagnoses including Suicide Ideation, Self-Harm, Hopelessness, Low Mood, PTSD, and Development disorder ranging from ages 7- 28 years old.

With the continued support of the community through donations towards this programme, the Financial Assistance Programme has been steadily available to further assist those in need of Mental Health treatments.

# Community OUTREACH



## TEEN TALK

APF offers Teen Talk for those ages 13 – 17 and operates as a safe space to learn and share about mental health difficulties and identify helpful tools on how to navigate them. Teen Talk is facilitated by Dr. Shari Smith, a clinical psychologist who has over 30 years in the education system here in the Cayman Islands. Her educational focus is on special education and disabilities, and she also serves as a member of our Clinical and Education Committee.

Dr. Smith believes in a holistic approach when working with clients. Her style of work appreciates the connection between the body, mind, spirit and soul and how they are all key in learning how to manage the many challenges of Life. Her work is grounded in mindfulness and embracing the inner self to achieve personal goals. She believes in empowering her clients to take hold of their own journey and become the best version of themselves.

Dr. Smith's values and practices prove invaluable to our Teen Talk space by ensuring young people who access this resource are well supported; and that they leave the space with tangible coping tools.

Teen Talk was offered every Saturday to the public, however, in the second quarter of 2023 it was pulled back to the first Saturday of each month. We made this change to ensure we provide good quality over quantity with this resource and encourage higher attendance numbers.



## BREAKING BARRIERS

APF offers Breaking Barriers for those ages 17 – 30 and operates as a safe space for young adults to learn and share about mental health difficulties, leave the space with helpful tools on how to navigate them, and feel a sense of community. Breaking Barriers was facilitated by Shane Purcell, a trained facilitator who has previously worked with the Irish mental health support group 'Aware'. He has facilitated support and self-care groups in St. James hospital in Ireland.

Shane is passionate about mental wellness and used his extensive experience from other mental health support groups to facilitate this peer-led group in Cayman.

Breaking Barriers was offered every Saturday to the public, hosted at the Public Library to encourage community members to connect in person.



# 2023 EVENTS

- Addison Kelly Butterfly 5k Walk/Run
- Row-A-Thon Marathon Fundraiser (organised by 7mile Fitness)
- The Alternative Investment Management Association (AIMA) | Michael Holding Event
- Island Heritage (Charity Drive)
- Digicel Business Charity Golf event
- RBC Race for kids
- Women's Empowerment Brunch
- Marathon Runners
- Rotary Central "Sea beneath the surface" Gala
- IMG (STEP Cayman Conference)
- Cayman International School presentation
- St. Ignatius Catholic School presentation
- Passport2Success presentation
- Kensington Management Group presentation
- East End Primary School presentation
- Clifton Hunter High School presentation
- Cayman Prep & High School presentation



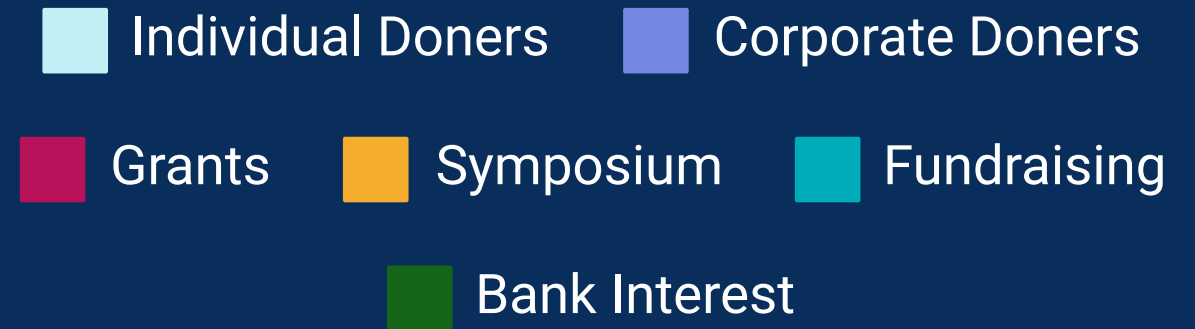
# Our PARTNERSHIPS



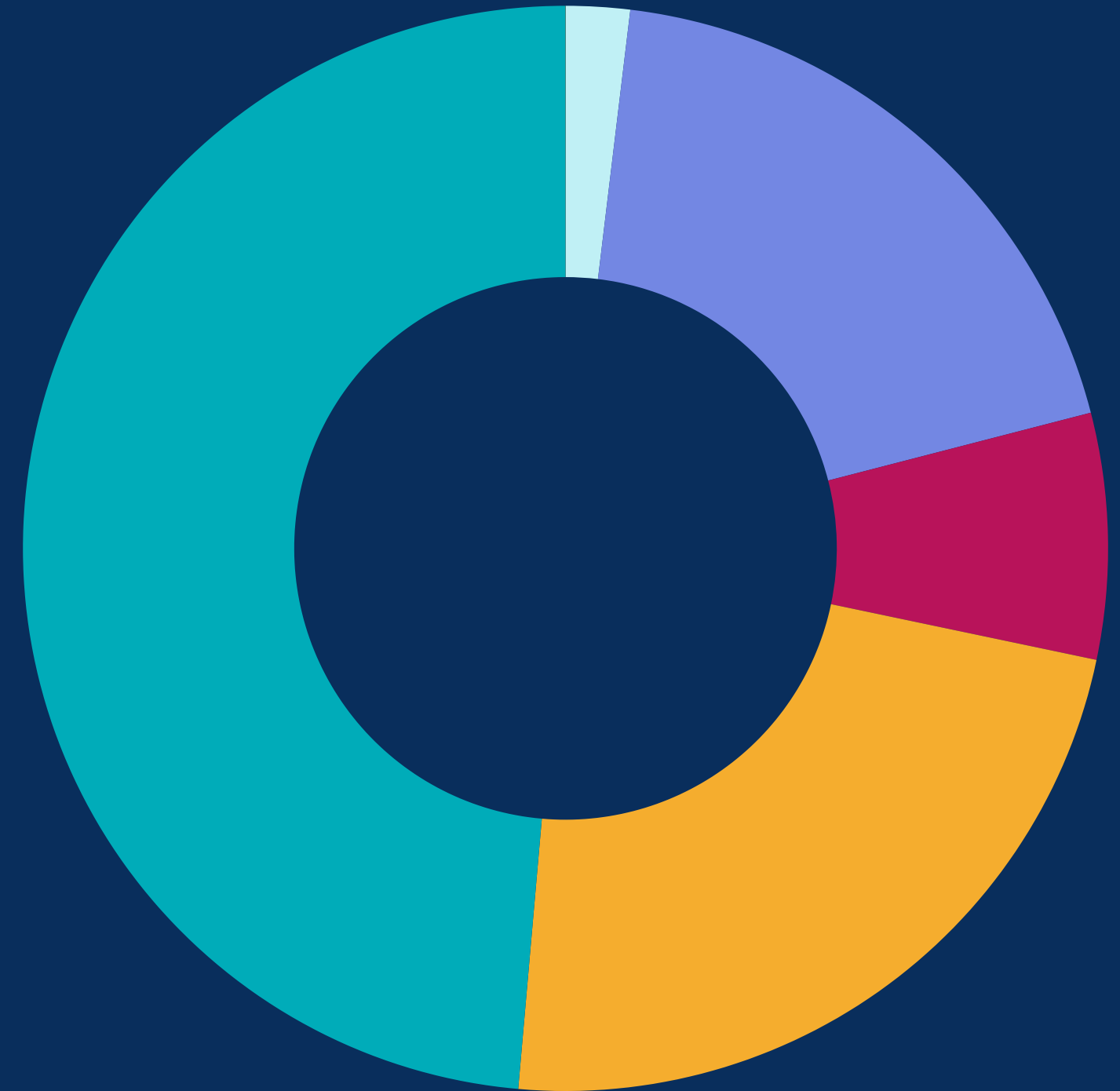


# Financial HIGHLIGHTS

*Income*

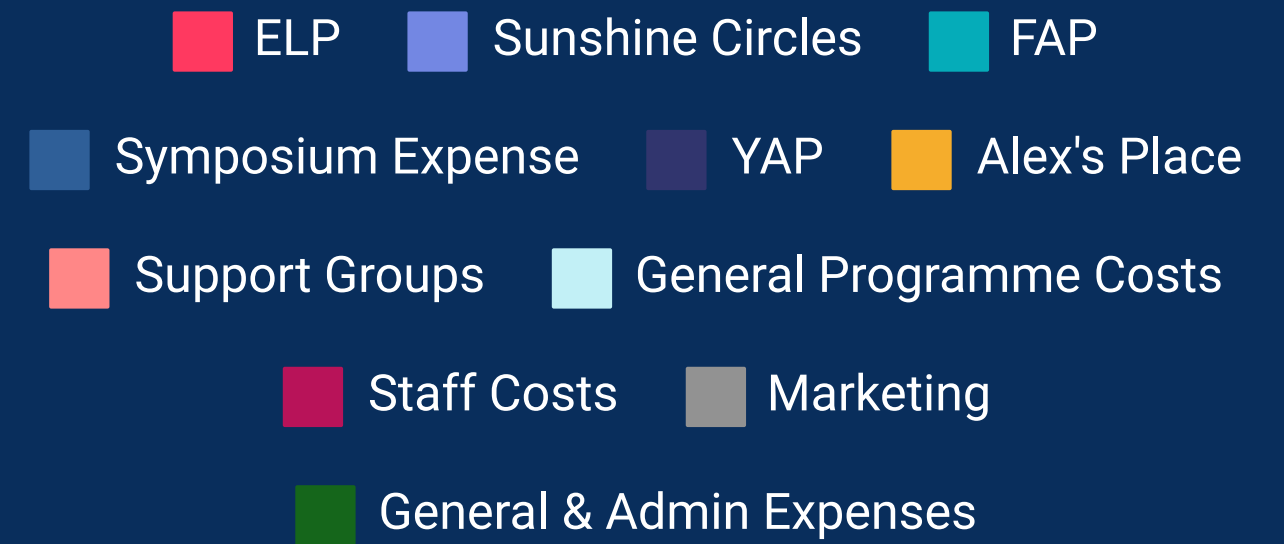


Fundraising.....	CI\$209,486
Individual Donations.....	CI\$8,321
Corporate Donations.....	CI\$82,192
Grants.....	CI\$31,547
Symposium.....	CI\$99,545
Bank interest.....	CI\$37

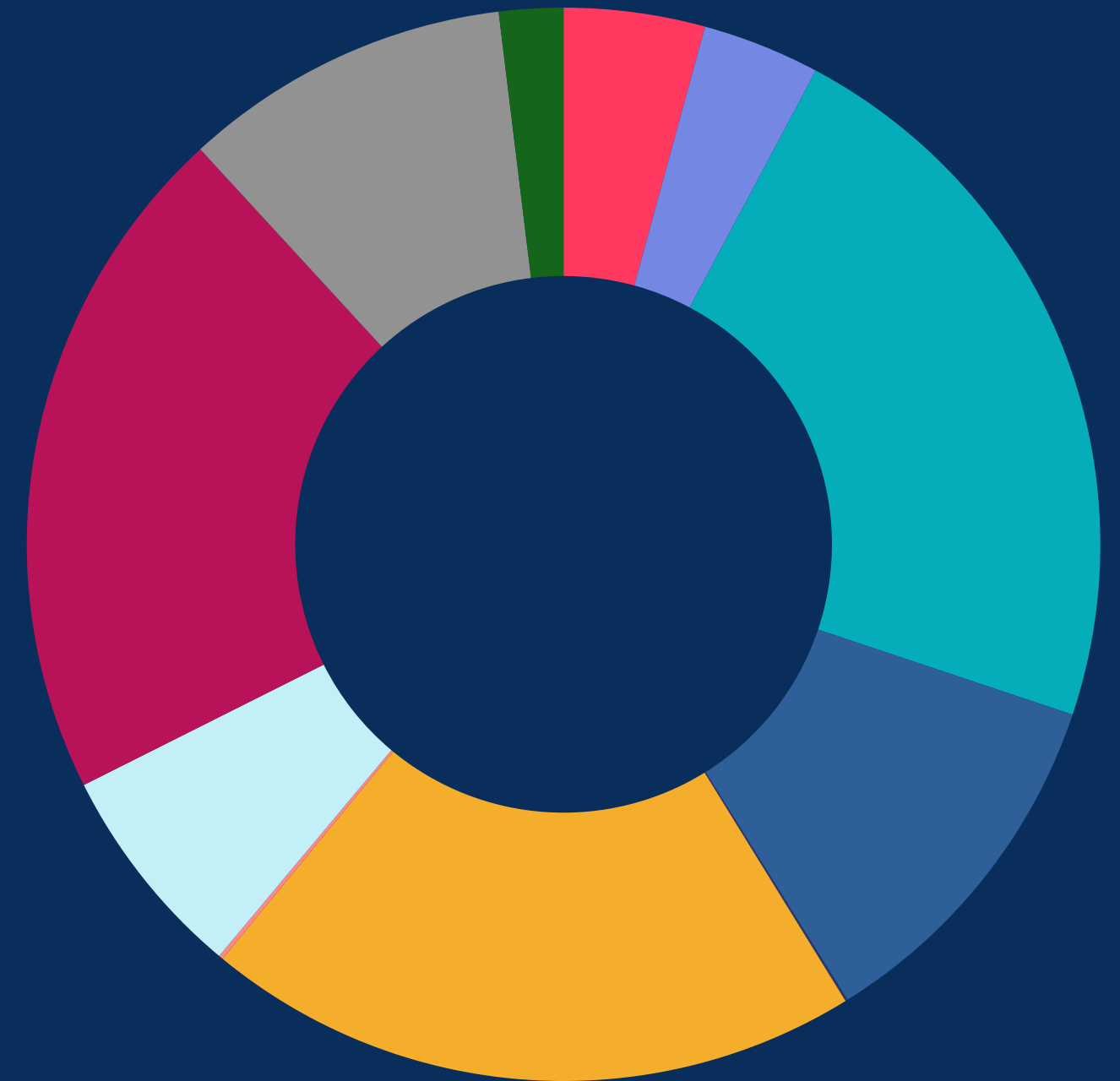


# Financial HIGHLIGHTS

## Expenditure



Emotional Literacy Programme (ELP).....	CI\$18,170
Sunshine Circles Programme.....	CI\$15,144
Financial Assistance Programme.....	CI\$95,619
Symposium Expenses.....	CI\$46,993
Youth Ambassador Programme.....	CI\$300
Alex's Place.....	CI\$84,534
Support Groups.....	CI\$550
General Programme Costs.....	CI\$27,852
Staff Costs.....	CI\$87,987
Marketing.....	CI\$42,348
General & Administrative Expenses.....	CI\$8,265



# Financial HIGHLIGHTS

	1 July 2022	Receipts	Payments	30 June 2023
<b>Total Cash / Fund Balance</b>	475,144	470,311	(474,478)	470,977
<b>General Fund</b>	196,912	148,819	(166,478)	179,253
<b>Alex's Place</b>	103,532	92,000	(97,627)	97,905
<b>Financial Assistance Programme</b>	53,681	81,710	(108,469)	26,922
<b>Kids Helpline</b>	20,478	19,335	(4,378)	35,435
<b>Youth Mental Health Symposium</b>	68,223	79,929	(49,989)	98,163
<b>Emotional Literacy Programme</b>	15,823	20,000	(28,364)	7,459
<b>Sunshine Circles Programme</b>	0	22,000	(18,122)	3,878
<b>Youth Ambassador Programme</b>	6,103	0	(501)	5,602
<b>Support Groups</b>	10,392	0	(550)	9,842
<b>Addison Kelly Memorial Scholarship</b>	0	6,518	0	6,518

# Financial SUMMARY

Despite the challenging economic environment, 2022/23 has been a successful year for APF not only due to the extraordinary support we continue to receive but also due to the milestones achieved, such as the opening of Alex's Place in January 2023 and the purchase of the mobile emergency van.

APF's income for the year totalled CI\$431,128 which is 14% more than the prior year.

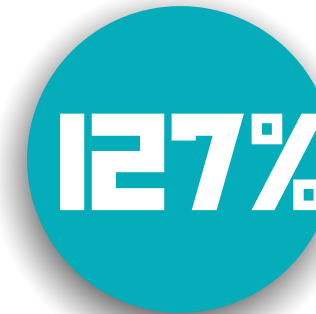
APF received funding from the R3 Foundation for Alex's Place which will allow the Foundation to continue to partner with H.S.A. on providing this much needed service for the community.

The cost of the Financial Assistance Programme has increased during the year by 127% and through the fundraising activities by Digicel and RBC, to further support this initiative, whilst Maples provided a donation to the Kids Helpline which is allowing APF to further progress the launch.

Additional successful fundraising events were held through the Women's Empowerment Brunch, Rotary and Island Heritage along with a generous donations from AIMA Cayman.



**MORE INCOME THAN  
PREVIOUS YEAR**



**COST INCREASE OF THE  
FINANCIAL ASSISTANCE  
PROGRAMME**

## FINANCIAL SUMMARY

### INCOME STATEMENT

Total Income	431,128
Total expenditure	356,321
<b>Net Income for the year</b>	<b>74,807</b>
<b>Retained earnings at 1 July 2022</b>	<b>475,066</b>
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<b>Retained earnings at 30 June 2023</b>	<b><u>549,873</u></b>

## BALANCE SHEET

Cash at 30 June 2023	470,977
Fixed Assets	84,534
Accounts Receivable	880
Accounts Payable	(6,518)
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<b>Total Assets at 30 June 2023</b>	<b><u>549,873</u></b>

# Our DONORS



- R3 Cayman Foundation / Green Tie
- AIMA
- BCQS Limited
- Campbells LLP
- Caribbean Utilities Company (CUC) – (Addison Kelly Memorial Scholarship)
- Cayman Prep & High school
- CIMA
- CINICO - (Addison Kelly Memorial Scholarship)
- CIS
- CITCO
- Civil Service College
- Credit Union
- Crossfit 7 Mile Fitness
- Declan O'Brien
- Expertise Ltd
- Health City
- Health City - (Addison Kelly Memorial Scholarship)
- Hope Academy
- HSM Chambers
- IMG
- Island Heritage

- Jason Trenouth
- Kevin Butler
- Kirk Freeport
- Kristine Kirkconnell
- Maples Group
- 2022 Marathon Runners
- Marsh - (Addison Kelly Memorial Scholarship)
- Ministry of Sports - (Addison Kelly Memorial Scholarship)
- New Growth Naturals
- OceanMed - (Addison Kelly Memorial Scholarship)
- OtisAir
- R and H Trust
- Rawlinson Hunter
- Royal Bank of Canada
- Renegade Mas
- Rotary Central
- Ruth Foster
- Sarafina Mitchell
- Unplugged Corcoran Cayman Islands
- Vital Spin Bar
- Walker's
- Water Authority

# Our SPONSORS



**CONYERS  
YOUTH AMBASSADOR  
PROGRAM**



**CAYMAN NATIONAL BANK  
BREAKING BARRIERS**



**PEARINDER FOUNDATION:  
LGBTQ+ FOCUS GROUPS**



# 2023 Annual SYMPOSIUM

APF was proud to once again present the 6th Annual Youth Mental Health Symposium on Saturday, 18th February 2023. The theme for 2023 was “Let’s Talk About Trauma”. This agenda saw a range of topics from students, parents, researchers, clinicians and policymakers to help us understand the effects of trauma that are often not seen, and what the community can do to help. The Symposium hopes to create a safe space for important discussions and to connect youth and parents with local mental health experts.



# Symposium SPONSORS

## MEDIA

Compass Media & Z99

## GOLD PLUS

Tower Marketing

## LUNCH

Burger King and Popeyes

## COFFEE

Queensgate Bank & Trust Company Ltd.

Maples Group

## WIFI

C3

## SILVER

Aspire

Carne Group

Cayman Water Co. Ltd.

Ministry of Investment, Innovation & Social Development

OceanMed

PwC Cayman Islands

RBC Dominion Securities Global Limited

Water Authority

## SILVER PLUS

Logic

## EXHIBITORS

Life Options

OnCourse Cayman Ltd.

Cayman Prep and High School

Kidsability

## PREMIUM

Ministry of Health & Wellness

## GOLD

Queensgate Bank & Trust Company Ltd

Cayman Islands Health Services Authority

Cinico

Health City Cayman Islands

Infinite Mindcare

Ironshore Pharmaceuticals and Development Inc.

Ministry of Education

Ministry of Youth, Sports, Culture & Heritage

Ogier

The Wellness Centre

## BRONZE PLUS

Walkers

Nassau Re (Cayman Ltd

## BRONZE

Appleby

BAF Insurance

Dentons

Fosters

Gyro Hut Ltd t/a A La Kebab

Healthy Futures

Hew's Janitorial

Hope Academy

RSM Cayman Ltd.

Seaboard Cayman

Stepping Stones

# Symposium EXHIBITORS

- Alex Panton General
- Alex Panton Youth Ambassador Programme
- Aspire
- Cayman Islands Crisis Centre
- Cayman Islands Health Services Authority
- Cayman Islands Psychological Association
- Cayman Prep and High School
- Health City Cayman Islands
- Hope Academy
- Inclusion Cayman
- Infinite Mindcare
- Kidsability
- Life Options

- Loud Silent Voices
- Ministry of Education
- Ministry of Youth, Sports, Culture & Heritage
- National Drug Council
- OceanMed
- OnCourse Cayman Ltd
- The Business and Professional Womens Club of Grand Cayman (BPW)
- The Department of Counselling Service
- The Wellness Centre





# APF's STRUCTURE & MANAGEMENT



Corporate – Walkers  
Founders – Jane Panton and Wayne Panton  
Directors – Jane Panton  
Hailee Robinson  
Carla Reid  
Lizzette Yearwood  
Secretary – Walkers Corporate Limited  
Registered Office – c/o Walkers Corporate Limited,  
190 Elgin Ave, Cayman Islands KY1-9008

Certificate of Incorporation No. 333845  
Certificate of Non-Profit Registration No. 149

## APF's STAFF

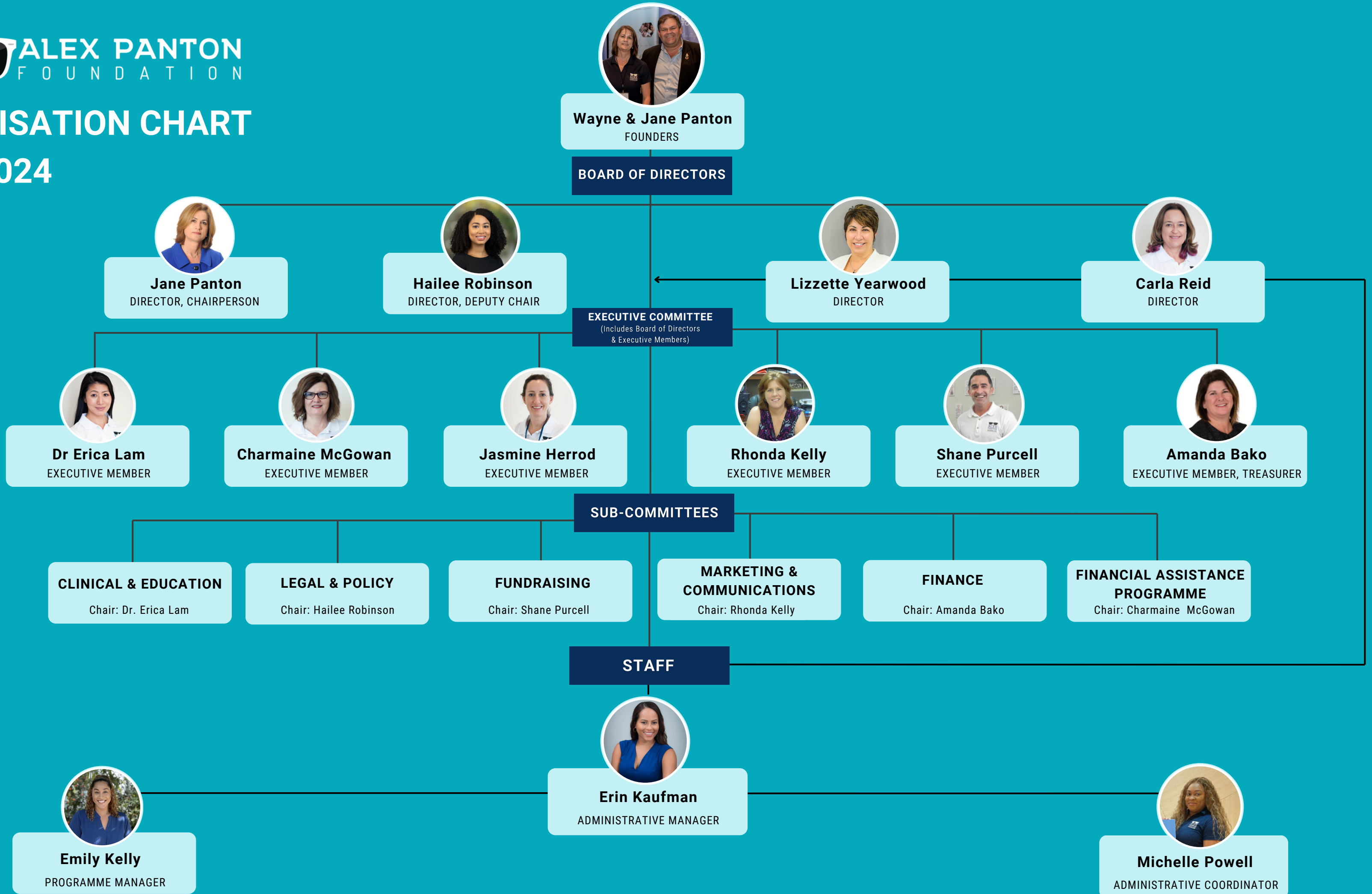
In the 2022-2023 financial year, the Alex Panton Foundation proudly welcomed three new staff members. In August 2022, Sarah Pierson departed from the organisation and Michelle Powell came on board as our Administrative Coordinator. In May 2023, Erin Kaufman and Emily Kelly were hired in the positions of Administrative Manager and Programme Manager, respectively.

The hiring of this full-time complement of staff reflects the Foundation's determined efforts to increase its advocacy, awareness and support for children and young adults in the Cayman Islands affected by mental health illnesses.



# ORGANISATION CHART

## 2023-2024



# APF's COMMITTEES



## CLINICAL & EDUCATION

Dr Erica Lam (**Head**)  
Dr Catherine Day  
Dr Alexandra Bodden  
Dr Chantal Basson  
Bill LaMonte  
Cristin Jackson  
Shane Purcell  
Dr Larissa Johnson  
Renee Ebanks  
Dr Shari Smith  
Dr Shreya Nauhria  
Samantha Connolly  
Dr Stenette Davis  
Dr Balang  
Dr Kosha  
Requel Tobian  
Penny Taylor  
Emily Kelly (*as of May 2023*)

## LEGAL & POLICY

Hailee Robinson (**Head**)  
Carla Reid  
Chantal Martin  
Francisco Hernandez  
Jasmine Brown  
Erin Kaufman (*as of May 2023*)

## FINANCIAL ASSISTANCE PROGRAMME

Charmaine McGowan (**Head**)  
Hailee Robinson  
Amanda Bako  
Jane Panton  
Sarah Pierson (*until August 2022*)  
Michelle Powell (*as of August 2022*)

## FUNDRAISING & EVENTS

Shane Purcell (**Head**)  
Tower Cayman  
Sarah Pierson (*until August 2022*)  
Michelle Powell (*as of August 2022*)

## MARKETING & COMMUNICATIONS

Rhonda Kelly (**Head**)  
Shane Purcell  
Michelle Powell (*as of August 2022*)  
Erin Kaufman (*as of May 2023*)  
Emily Kelly (*as of May 2023*)

## WEBSITE & SOCIAL MEDIA

Social Butterflies



# THANK YOU



We are very grateful for where we are as a Foundation today and we appreciate the support of the community, without which, we would not be where we are today.

**MENTAL HEALTH MATTERS.**

## CONTACT US

### E-mail

[info@alexpantonfoundation.ky](mailto:info@alexpantonfoundation.ky)

### Mailing Address

Alex Panton Foundation  
PO Box 326  
Grand Cayman KY1-1501

## FURTHER INFORMATION

For more information on the Alex Panton Foundation visit:

Our website: <https://alexpantonfoundation.ky/>

Our Facebook page: [Alex Panton Foundation](#)

Our Instagram page: [@alexpantonfoundation](#)